

**Syllabus**

<b>Course title</b>	Transcultural Family Health Care Nursing
<b>Classification</b>	1st semester in Master's Course of Kobe University Graduate School of Health Sciences
<b>Credit(s)</b>	2 credits
<b>Language of instruction</b>	English
<b>Chief instructor</b>	Naohiro Hohashi
<b>Instructors</b>	Marilyn A. Ray (Florida Atlantic University), John Tai Chun Fung (University of Hong Kong), Titan Vincent Lam (G for health)
<b>Themes and objectives</b>	<p>The term “transcultural family health care nursing” was coined by Naohiro Hohashi to describe a new knowledge system that aims to provide nursing to the family in a way that includes cultural perspectives. The ways of living, perceptions of health, and therapeutic posture of people and families vary according to their cultural backgrounds. While understanding culture from wide to narrow cultural perspectives and through understanding of the various theories of transcultural nursing, the objective of this course is to achieve an understanding of the influence of culture on actions and the family’s decision-making related to family members’ health and illness.</p> <ol style="list-style-type: none"> <li>1) By taking up culture from broad to narrow definitions, the various theories related to transcultural family health care nursing can be understood.</li> <li>2) Through the therapeutic behavior obtained through cultural influences, the families’ self-care behavior and so on, perspectives of care and cure will be fused together so as to support the healthy lives of diverse families.</li> </ol>
<b>Course description and schedule</b>	<ol style="list-style-type: none"> <li>1) Orientation, cultural diversity: Naohiro Hohashi</li> <li>2) Nursing anthropology for family nursing: Naohiro Hohashi</li> <li>3) Theories for the understanding of cultures: Naohiro Hohashi</li> <li>4) Nursing theory for the understanding of culture: Marilyn A. Ray</li> <li>5) The actual state of cultural family nursing in culturally diverse settings: Marilyn A. Ray</li> <li>6) The actual state of cultural family nursing in health-care settings: Naohiro Hohashi</li> <li>7) The actual status of family support in Hong Kong: John Tai Chun Fung</li> <li>8) Cultural family nursing for single-parent households with culturally diverse backgrounds: Naohiro Hohashi</li> <li>9) Cultural assessment: Naohiro Hohashi</li> <li>10) Cultural beliefs and culture in family nursing: Naohiro Hohashi</li> <li>11) Characteristics of Japanese families and cultural family nursing: Naohiro Hohashi</li> <li>12) The influence on family nursing of the nursing professional’s own cultural background: Naohiro Hohashi</li> <li>13) TIRAPY - Chinese medicine exercise therapy: Titan Vincent Lam</li> </ol>
<b>Main texts</b>	<ol style="list-style-type: none"> <li>1) Hohashi, N., Hinoue, E., Kobayashi, K., Yamashita, T., Nagatomi, H., Honda, J., Horiguchi, K., Nagato, K., Ikezoe, S., Uryu, H., et al. (2010). <i>Atarashii kazoku kango gaku: Riron・jissen・kenkyu (New family health care nursing: Theory, practice and research)</i>. In N. Hohashi (Ed.). Tokyo: Medical Friend. ISBN: 978-4-8392-1355-8</li> <li>2) Ray, M. A. (2009). <i>Transcultural caring dynamics in nursing and health care: The dynamics of contemporary nursing</i> (1st ed.). F.A. Davis. ISBN-10: 0803608098</li> </ol>
<b>Additional remarks</b>	This is an elective course in the Certified Nurse Specialist (CNS) in Family Health Nursing Program. The use of Zoom live lectures by part-time lecturers overseas, taking the time zone difference into consideration.

